

## ANNE SEMONIN SPA AMBIANCE

In an elegant, soft, and cosy atmosphere, the Anne Semonin Spa offers a privileged area dedicated to beauty and wellbeing.

Our Spa invites you to discover the Anne Semonin treatment and massage collection, created for clientele seeking efficiency and absolute high quality service.

Immerse yourself into the tranquil world of Anne Semonin, rediscover your senses and emerge relaxed, recharged and glowing.

## L'EXPÉRIENCE ANNE SEMONIN

“Because each skin is unique”, every Anne Semonin program is customized and starts with a personal interview and a diagnosis of your skin. Your beauty therapist will create your own “beauty prescription”, depending on the needs of your skin at that time, and your lifestyle.

The Anne Semonin treatment collection combines an ingenious blend of aromatic essential oils, trace elements and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your body and skin. Anne Semonin treatments are designed to be “tailor made” and will not only revitalize the skin, but energize and balance the mind and spirit, providing total relaxation.

After your spa experience, a simple Anne Semonin regime is carefully prescribed, in which the therapist will recommend how to customize products to create perfect blends for optimum efficiency. This can then be carried out at home on a daily basis.

## Ultimate Facial Collection

Encounter this unique collection of facial therapies that combines elegant French skincare with results driven, made to measure therapies which transform and re-sculpt your face contour. Every facial includes an exclusive Anne Semonin lymphatic massage, designed to gently release toxins from the dermal tissues, increasing blood flow resulting in radiant skin.

Fusing this specialist massage, classic ingredients and a holistic approach, each Anne Semonin facial is a tailored experience, just for you.

### 1) **Ultimate Experience Age Protect – 1hr 25mins price 130€**

**Nourishing, revitalising radiance**

A ritual that delivers an experience as individual as you. Bespoke blending of aromatic essences and trace elements combine with a tailored eye, face and décolleté treatment to perfectly balance, hydrate and revitalize, while offering the ultimate in skin protection. Unsurpassed at revealing the skins true radiant beauty, it is the complete treatment, designed to address your every need.

### 2) **Marine Mineral Purifier – 1hr 15mins price 115€**

**Deep cleansing, decongestion, remineralising**

Traditional steam and extraction techniques combine with the power of marine elements resulting in a deeply purifying treatment. The advanced Anne Semonin peel off mask, with the highest concentration of minerals and algae, leaves the skin instantly calmed, decongested, and silky smooth.

### 3) **Oligo skin Protect – 50mins price 90€**

**Detoxifying, balancing, decay preventing**

The ultimate in anti-oxidant defence, this treatment instantly hydrates and balances, boosting oxygenation to the skin cells. Using the exclusive Oligo range of products, an advanced formula combining dynamic ingredients such as algae and chlorella, ensures a clear skin, thoroughly protected from the urban environment

### 4) **Soothing Skin Saviour – 50mins price 90€**

**Calming, hydrating, restoring**

The secret to soothing even the most delicate skin lies in the exquisite blending of minerals and essential essences. Skin is prepared with gentle cleansing and exfoliation before delighting in the application of luxurious cream mask. The generous application of the algae and kaolin clay formula smoothes and nourishes skin revealing a perfectly calm and soothed complexion.

### 5) **Age Defend – 50mins price 90€**

## **Anti-ageing, firming, toning**

Redefine how the skin ages with the quintessential regenerating facial therapy. Signs of aging dissolve as essential oils and minerals are gently massaged into the skin improving tone and elasticity. Maturing skins Extracts of Mexican Wild Yam and rice provide ultimate defence against environment and maintaining a youthful radiance all the way to a cellular level.

### **6) Cryo Time Freeze– 50mins price 100€**

#### **Immediate radiance, toning, brightness**

A flawless skin brightening experience, this facial uses the age defying effects of cryotherapy with 100% Active Serum to reinforce the skins firmness at a cellular level. Complemented by a neutracosmetic containing Wild Indigo this elegant touch stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

### **7) Sublime Radiance Express – 25mins price 50€**

#### **Refreshing, firming, healthy look**

Suitable for everyone, the clever combination of cleanser, exfoliator and mask allows even the busiest person to attain a look of instant freshness. The fast effective results leave skin hydrated, soft and radiating health.

## **Specific Treatment Collection**

### **1) Exquisite Miracle Eyes – 25min/45mins price 50€/90€**

#### **Brightening, distressing, refreshing**

An exquisite treatment specifically designed for the delicate eye area brings together a unique combination of contour masks and specialized lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Cryotherapy ice cubes diminish puffiness and refresh the eyes. Finally, a divine application of miracle eye cream completes the total eye care experience.

### **2) Décolleté Revitalizer – 45mins price 60€**

#### **Rejuvenating, hydrating, perfecting**

With seaweed micro beads the unique double action exfoliator cleanses and softens the skin instantly brightening the complexion. Fine lines and signs of aging are gently erased as the marine extracts and essential oils of the firming, peel off body mask penetrate deeply revealing a visibly tighter, smoothed and hydrated skin.

## Anne Semonin Exquisite Massage Collection

Anne Semonin draw their inspiration from around the world to offer you a blissful, effective, premium massage experience. Choose from 4 unique therapies, each brilliantly combining an innovative fusion of massage techniques and oil blends, delivering a treatment that works specifically for you every time.

### 1) Aroma Energizer - 25mins/ 55mins/ 1hr25mins price 45€/90€/120€

**Uplifting, energising, tension releasing**

Taken from the tradition of ayurveda the exotic, warming aroma of ginger stimulates and uplifts the senses. Enriched with vitamin E this delightfully nourishing oil is perfectly merged with classic deep tissue and stretching techniques to enliven the senses and release tension in the muscles.

### 2) Pure Rejuvenation - 25mins/ 55mins/ 1hr25mins price 45€/90€/120€

**Protecting, regenerating, smoothing**

Designed to deliver a flawless marriage of protective treatment and pure relaxing care. Long, rhythmic strokes glide across the entire length of the body while the Omega 3 and 6 found in cranberry and vitamins A & E from olive oil penetrate the skin deeply achieving maximum skin regeneration.

### 3) Vital Detox - 25mins/ 55mins/ 1hr25mins price 45€/90€/120€

**Detoxifying, stimulating, refreshing**

The sublime synergy of lemongrass and peppermint is introduced into the body using specialized lymphatic techniques to effectively release toxins and stimulate circulation. The increased circulation improves drainage and leaves the body feeling light and refreshed.

### 4) Relax & Renew - 25mins/ 55mins/ 1hr25mins price 45€/90€/120€

**De-stressing, unwinding, restoring**

Hazelnut and sesame form a rich base of oils to facilitate the slow, flowing movements of this total body de-stress therapy. The lavender and mandarin infused oil permeates the skin easily releasing stored tension from deep within the muscles completely unwinding the entire body.

### 5) Volcanic Thermal Stones – 1hr15mins price 115€

**Relaxing, warming, powerful**

# ANNE SEMONIN

PARIS

Muscles yield to the gentle yet powerful warmth of the black basalt stones, releasing tension and imbuing a total sense of relaxation. The heated stones, infused with centuries of ancient energies are skilfully combined with the perfect blend of essential essences designed to stimulate the senses and unwind both body and mind.

## 6) Anti-fatigue Back Remedy – 55min price 100€

**Tension releasing, restoring back therapy**

An exceptional solution created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of self-heating mineral mud mask to release stiffness, strain and stress in the muscles. This is followed by a bespoke massage with blended oils just right for your needs. Both energizing and relaxing, this treatment leaves the whole body with a complete sense of well-being.

### Anne Semonin Ultimate Body Collection

A sumptuous collection of advanced body treatments carefully selected to address specific needs, whether revealing a natural glow, toning and firming or age defence, each treatment is a truly individual journey.

## 1) Silhouette Re-sculptor 55mins price 95€

**Anti-cellulite, firming, toning action**

Sea Lotus extract, an innovative scientific discovery, holds the secret to smoother skin. A proprietary exfoliation is followed by an inspired combination of Lipoliss gel and stimulating massage to target specific areas of fatty tissue. The energising abdominal massage and body-contouring mask further eliminate toxins that contribute to cellulite formation, resulting in a smooth and velvety soft skin.

75 mins full treatment

50 mins excluding exfoliation

## 2) Glowing Mother-to-be – 1hr25mins price 110€

**Pampering, rejuvenating, radiance**

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the face and body. The pregnancy specific massage and tailored facial combine into one seamless pleasure melting away fatigue and revealing a radiant you.

## 3) Pure Detox Wrap Experience 55min price 100€

**Detoxifying, purifying, uplifting**

# ANNE SEMONIN

PARIS

Wrap your body in a cocoon of Spirulina micro-algae to stimulate toxin release and purify the skin. A pre-wrap scrub of sea salt, combined with uplifting lemongrass and peppermint body oil, prepares the skin for the green algae and laminaria body mask, rich in iodine and powerful marine elements. Together these dynamic ingredients purify, energize and reduce inches.

## 4) Hydra-intense Wrap Experience 55min price 100€

**Soothing, re-hydrating, healing**

A wonderfully gentle treatment suitable for even the most sensitive of skin. Choose from anti-oxidant or relaxing oil blended with the delicate Noirmoutier Sea Salt, enriched with marine minerals, to exfoliate and enrich. An envelope of pink clay encases the body replenishing nutrients as it instantly heals and hydrates.

## 5) Supreme Anti-ageing Manicure – 45mins price 60€

**Luxurious, hydrating, brightening dark spots**

Cuticles and nails are gently refined and shaped to perfection following an application of self-heating scrub. Age spots and dehydration benefit from the introduction of Anti-aging hand cream. Acting like an invisible glove the intensely nourishing, easily absorbed cream has hands radiating health and a youthful glow.

## 6) Perfect Feet Pedicure – 45mins price 60€

**Smoothing, moisturizing, stimulating**

The perfect foot treatment begins with a deep exfoliation and hydrating foot mask, which together, smooth and soften the skin. Once nails are shaped and cuticles tidied the legs and feet are treated to a cooling, stimulating application of toning leg gel. The feet and legs feel velvety smooth and lighter than air.

## **Anne Semonin Polish and Wrap Collection**

Indulge your senses with Anne Semonin classic wrap and scrub collection created to be as individual as you. At the heart of each unique experience is a carefully blended combination of essential oils, trace elements and marine ingredients delivering smooth, nourished radiant skin and a thoroughly relaxed body.

## 1) Nude Scrub – 25mins price 48€

**Moisturising, nourishing, soothing**

# ANNE SEMONIN

PARIS

An express exfoliation with the Nude Sea Salt & White Sand Scrub, leaving skin smooth and hydrated. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.

## 2) Nude Sand Warming Body Polish & Massage Ritual – 1h 25mins price 130€

**Made to measure body treatments**

Anne Semonin has created 4 luxurious body smoothing treatments, combining the effective results of the warming Nude Sand from Bora Bora with the highest quality of essential oil blends. To make your experience truly your own, choose from any one of the following to suit your mood and your needs.

**Energising & Toning**, with ginger and vitamin E to ease muscle tension and boost circulation

**Antioxidant & Vitamin**, a powerful blend of cranberry and olive oils, bursting with antioxidants, to restore the skin's natural radiance

**Detoxifying & Draining**, the stimulating peppermint and lemongrass enlivens the senses and expedites removal of toxins

**Nourish & Relaxing**, a subtle blend of pure essential oils to release stored tension.

## 3) Aroma Salt Fusion - 55mins price 110€

**Re-mineralising, nourishing, de-stressing**

A tailor made treatment designed to boost the absorption of minerals through the skin.

Warming oil is applied to the body and followed by an exfoliating layer of Aromatic salts.

Once scrubbed, the body is wrapped and a deliciously rich, penetrating botanical hair mask is massaged into the scalp for the ultimate de-stress.