

# Daily Mail

**Daily Mail**  
SATURDAY, SEPTEMBER 29, 2018  
www.dailymail.co.uk  
£1

**STARTING TODAY**



**£100,000**  
*of Dream Holidays*  
**MUST be won**

SEE PAGES 64-65

Terms: MyMail membership and multiple newspaper purchase required. 18+ terms apply.

Addresses, email accounts and bank details at risk in web giant's latest PR disaster

# HACKERS RAID 50M FACEBOOK ACCOUNTS

**AT LEAST 50million Facebook users have had their accounts hacked by criminals.**  
The attack has put at risk personal data including home addresses, email accounts and even bank details.  
The hackers took advantage of a security flaw to effectively take

By James Burton, Fiona Parker and Hannah Uttley

control of tens of millions of Facebook profiles including many belonging to Britons.  
The social media giant found out about the attack on Tuesday but kept the information from the public until last night.  
It has logged 50million victims out of their accounts, making

them log back in again with their passwords.  
As a precautionary measure, another 40million users will be asked to do the same.  
The hackers broke in using flaws in a video tool and the 'view as' feature, which allows customers to test out their profiles. It has now been disabled.  
It is the latest PR disaster for

Turn to Page 2

**LAST PICTURE ON PLANE MINUTES BEFORE SHE DIED**



Tragedy: Natasha Ednan-Laperouse, 15, had fatal food allergy

**Law let Pret play Russian roulette with our girl's life**

SEE PAGES 6-8

# This Crete retreat will whip you into shape

by Richard Eden

**E**XHAUSTED and frazzled, I was looking forward to a lazy week. My two daughters, Marina, 13, and Sofia, ten, had other plans.

'Come on, it's time for Aqua Fit,' announced Sofia on day one at our swish hotel in Crete, barely ten minutes after I had plonked myself down on a sun lounger.

Sure enough, I was dragged into the vast swimming pool to join 20 or so women and children, and a handful of reluctant looking chaps, to do star jumps as music boomed from a loudspeaker.

Nicklas, our Adonis of a Swedish instructor, shouted: 'You're not going to complain it's too easy today, are you? Fat chance, but I was struggling to keep up with women of a certain age.'

We were staying at **Cavo Spada Resort and Spa**, a 40-minute drive from Chania airport in the North West of Greece's largest island, where it's delightfully warm for the October half-term. The 150-room beachside hotel — which has been fully renovated — has panoramic views of Cape Spada, where a naval battle was won by the Allies in World War II.

In addition to Nicklas, there were three other Swedish fitness instructors. They led runs or power walks before breakfast, arranged volleyball matches, spinning classes or, for the ambitious, high-intensity training. All free of charge.

I had never been to a yoga class. The girls and I joined the 9am session, where enthusiastic Naemi urged us to 'feel the sea breeze'. I was too busy trying not to fall over as I drew my left leg up to my thigh in the Tree Pose.

Evenings could be energetic, too. One night we were entertained by traditional Cretan dancers, performing routines that involved men dressed like Scout masters in brown trousers and black boots, leaping into the air and slapping their feet. They encouraged us to join them in the only Hellenic dance most of us knew, Zorba the Greek.

Happily, the resort is just as enjoyable for those who prefer sunbeds to circuit training and is perfect for children of all ages, with a range of kids' clubs. The sea is a two-minute stroll, a quiet beach bordered by pine trees. Bring jelly shoes, though, as the beach is pebbly.

There's a spa with a mind-boggling range of treatments, and among the less strenuous activities are cookery lessons, where Sifis, a handsome Greek chef with a salt-and-pepper beard, taught us how to fry a sizzling

prawn *Saganaki*, enriched with a shot or three of Ouzo.

There was so much to do that we ventured out only once, to Chania, half an hour away (€3 on the bus or €30 in a taxi). We sauntered down to the 14th century Venetian harbour with one of the world's oldest lighthouses.

'This is so Instagrammable,' Marina declared.

For those not familiar with teenage social media habits, that's high praise indeed.

## TRAVEL FACTS

**CAVO Spada Resort & Spa** ([cavospada.gr](http://cavospada.gr), 030 2824 022 121) offers seven nights in a deluxe room from €1,054, all-inclusive with EasyJet to Chania. Based on travel from May 2019 onwards. Package available through [travelrepublic.co.uk/02089747200](http://travelrepublic.co.uk/02089747200).

## LOCAL KNOWLEDGE

Crete's Caves of Matala were a favourite Sixties hippie-hangout for the likes of Bob Dylan, Cat Stevens and Joni Mitchell



Lap of luxury: The Swish **Cavo Spada** Resort and Spa offers a range of exercise classes including Aqua Fit